

Sarah Parr- Associate



Expertise

Coaching and mentoring, governance, leadership development, business analysis, strategy, options appraisal, due diligence, restructuring and turnaround, procurement and commercial management.

About

With over 20 years' experience of working in advisory and leadership roles across a wide range of sectors, Sarah has an excellent ability to understand the complexity of businesses and build strong relationships with clients, based on their individual needs. She has worked with Altair since 2016 both as a full-time member of the team and now in an Associate role.

As a Chartered Accountant and qualified Executive Coach, Sarah brings commercial rigour and strong analytical skills, but her focus is also on people, culture and building cohesive teams. This is at the heart of her individual and team coaching work but also extends into governance, where she has extensive experience in board development, non-executive recruitment and wider governance work.

Born a Geordie, Sarah is now based in Manchester with her partner and an excitable Border Terrier. She loves nothing more than walking near the mountains and lakes of Cumbria, but appreciates them all the more when there's a local pub at the end of the walk.

Altair Assignments

Recent projects that Sarah has been involved in include:

- Design and facilitation of a three-year 360-degree board appraisal programme for a national RP
- Leadership coaching with a Head of Department within a Housing Association
- IDA preparation support for a variety of Registered Providers, including interview coaching and document analysis
- Board effectiveness review for a financial services organisation



- Non-executive recruitment for organisations including Riverside Group, Muir Group and Prima
- Governance review for a large regional Housing Association
- Feasibility study for joint working between housing and health sectors
- Investigation on behalf of the board of a medium-sized Housing Association (including reporting to the Regulator)

Background

Valueworks - Consultancy Director

EY - Audit and Corporate Restructuring Manager

HDN Board Excellence Programme - Board mentor

EY Foundation Accelerate Programme - Coach

ICAEW member (2001 to date)

ILM7 Executive Coaching and Mentoring (2019 to date)

Non-Executive Appointments

Calico Group - Group Board member and Audit Committee Chair

